IPL PERMANENT HAIR REDUCTION

This treatment is virtually pain free and very effective. As only hairs in the anagen growth phase are suitable for treatment, it is recommended to have between 6-8 treatments to get the result you desire. This will be fully explained at your consultation.

Treatments are performed by a licenced operator.

Eyebrow Mid	\$18	Brazilian	\$59
Lip	\$18	Bikini	\$39
Chin	\$29	Lower Legs	\$99
Underarm	\$39	Full Leg	\$199
Tummy Line	\$39	½ Arm	\$89
Feet & Toes	\$39	Full Back	\$199

Multiple packages available, please contact us for more information.



WAXING

Lip	\$12	Bikini	\$25
Chin	\$12	Extended Bikini	\$40
Brow	\$18	Brazilian	\$59
Full Face (lip, chin, cheeks)	\$35	½ Leg	\$40
Underarm	\$20	Full Leg	\$59

MASSAGE

Relax and unwind with your choice of massage. Refresh offers Hot and Cold stone, Swedish, Restorative-perfect of medical clients please request a separate brochure, Prenatal and Body Brushing.

All treatments include a hot towel finish.

Massage and Facial	90 minutes	\$139
Hot Stone Massage	60 minutes	\$119
Relaxation	60 minutes	\$89
Restorative/Oncology Massage	60 minutes	\$89

TINTING

Lash Lift and Tint Curls your lashes to give you the look of extensions	\$69
Eyelash, Eyebrow Tint & Shape Wax	\$45
Lash	\$20
Brow	\$15

Ear Candling

By gently releasing compacted ear wax from the ear this treatment is beneficial to everyone and can also be used to treat sinus, snoring, tension headaches and stress, very relaxing treatment.

30 minutes \$39

A fast, safe and effective way to remove benign skin lesions, skin tags, age spots, seborrheic keratosis, sun spots, warts and millia. The procedure typically lasts between 5-30 seconds by using Nitrous Oxide to freeze and destroy the targeted cells.

Per Cartridge \$35

Ear Piercing

Includes earrings, aftercare solution and instructions.

\$40

Gift Vouchers

The Perfect Gift can be used towards any service or products. Order & pay by phone, email, or pick up at the salon.



Menu prices effective 2022 and may be subject to change at any time.





BENCHMARK OF BEAUTIFUL SKIN



refreshbt@bigpond.com www.refreshbodytherapies.com 5 Enchantment Court, Cabarlah QLD 4352

SKIN ANALYSIS AND CONSULTATION

30 minutes

\$40

Highly recommended for first time skin/facial clients who want serious results. Includes a thorough skin consult, photos for reviews, double cleanse/hydration masque, complete customised skin care & treatment plan.

IPL SKIN REJUVENATION

This treatment can treat a vast array of skin conditions. Reduce sun damage (photo-aging) & fine wrinkling, reduce irregular pigmentation & freckles, stimulate collagen production and even skin tone. Improve Rosacea-reducing overall redness, flushing and dilated capillaries reduce acne & acne scarring. An IPL consultation is a must which will include some test shots to ensure the correct setting for the best result.

Full Face	\$159	Hands	\$129
Neck	\$159	Arms ½	\$159
Face & Décolletage	\$289	Spot treatments	POA

Other areas available. Ask for a quote.

MEDICAL SKIN NEEDLING

Dermapen Single \$199 Dermapen 3 Treatments \$529

Gentle but powerful action ensures minimal pain & downtime. Stimulates natural collagen & elastin ideal for all signs of aging, scars & hyperpigmentation skin issues.

Treatment includes serum infusion to feed the skin & alginate masque to settle redness.

LED PHOTO THERAPY

Dermalux Flex MD LED is a clinically proven potent device that uses the three most clinically proven wavelengths to rejuvenate, repair and transform the skin by harnessing the therapeutic power of light. Dermalux Flex MD LED is a wonderful pain free experience to enhance any skin treatment. Each treatment lasts from 20 to 30 minutes and with no associated downtime, you can simply get up and glow! Includes 5 step clean and serum finish.

Dermalux LED Facial 45 minutes \$79
Dermalux 3 Treatments \$229

COSMEDIX PEELS

Stimulating Herbal Peel

\$129

An acid and retinol free peel that assists with superficial fine lines and wrinkles, hyper-pigmentation and scarring by strengthening the skin.

Antioxidant Exfoliation Peel

\$99

Exfoliates and invigorates the skin with the use of a gentle acid and actives, the perfect pick me up for anytime.

Antioxidant Therapy Peel

\$99

Mildly exfoliates while potent antioxidants prevent free radical damage.

The skin is left glowing and radiant.

ENVIRON ADVANCED SKIN TREATMENTS

Environ's Cool Peel is a revolutionary non-invasive approach to peeling, helping to refine, revive, smooth and rejuvenate the skin without compromising its natural functions.

Customised to address your unique skin concerns using Environ DF machine which combine Sonophoresis (sound waves) and lontophoresis (electric current) which creates pathways in the skin to assist delivering nutrients to where they are most needed.

Advanced Cool Peel

80 minutes \$110

This powerful cool peel therapy assists with the management of blemish prone, distressed skin, by purifying, cleansing, and assisting to unclog pores and dissolve impurities. Our hero treatment for problematic skin conditions. Cool and comfortable on the skin

Lactic 1-Perfect for New Clients, Rosacea, Sensitive Skins,

Lactic 2- Advanced Clients, Ageing, Uneven Skin

Lactic Gel- Dry/dehydrated, Anti-aging, Congestion, Dull, Laxity issues.

TCA Peel

80 minutes \$110

Our 2.5% TCA Gel Peel is a non-invasive, intelligent gel peel system that targets the surface layer of the skin. This peel stimulates the natural production of collagen and elastin, leaving your face looking brighter and younger. It's designed to maintain the integrity of the epidermis whilst effectively improving appearance of skin.

TCA Cream- Acne, Congestion, Thickened or uneven texture, Pigmentation TCA Gel- Advanced clients, Anti-aging, Pigmentation, Heavy lines/loss of laxity.

Vibrant-C Micro Peel

80 minutes \$110

This peel helps create younger looking and firmer feeling skin while signs of uneven skin tone and spots seemly disappear. Not only that but this 20% vitamin C peel exfoliates the skin at a deeper level; preventing clogged pores, helps the epidermis shed and allows new cell growth. This Salicylic Acid also improves skin thickness, barrier functions and collagen production. Perfect Sun damaged, Uneven/dull skin.









FACIALS

Environ Facial

60 minutes \$99

This facial is customed to your skin it is not a pamper facial but designed to achieve an instant result with the use of various types of devices Youth Reset, Moisture Boost, Comfort Calm, Radiance, Vitamin Infusion & Focus Filler.

Ultimate Dermasound Facial

60 minutes \$99

Dermasound Facial is our most popular Facial Treatment. Using an ultrasonic device that utilizes distilled water with low frequency sound waves to achieve tighter, firmer & younger acting skin. This device does not injure or cause trauma to the skin. This treatment will: visibly reduce lines & wrinkles, even skin tone & smooth texture, minimize pore appearance, improve skin hydration & nutrition. I recommend the Dermasound Facial for reducing acne, rosacea, pigmentation & psoriasis.

Refresh Renew & Relax

60 minutes \$89

A customised facial as no skin is the same. Perfect for some down time and skin TLC. Includes deep clean, hydrating clay masque, serum, moisturiser & SPF application. A relaxing hot stone shoulder, neck & decolletage massage finishing a hot towel.

Deep Clean for Teens

45 minutes \$69

This treatment is designed to treat teenage skin concerns. Treatment will vary to meet each clients needs, all treatments consist of a deep clean of the pores, whilst hydrating, nourishing and supporting the skin. Extractions if required and a discussion on hygiene and care of the skin, as well as an ongoing treatment plan solution.

Express Facial

45 minutes \$69

Perfect for the time conscious individual or someone wanting to target a specific skin need or concern.

ADD ON PEELS AND FACIAL

LED Light Therapy

\$39

Used to heal & strengthen skin & promote collagen production. Perfect with all treatments.

Neck & Dec or Body Treatment

\$39

The Environ Focus On Body Profile Treatment is a unique, intensive, 20-minute body treatment to help smooth, shape and firm the appearance of dimpled, lax and unevenly textured skin. Environ's DF Technology helps to safely stimulate the skin to deliver up to 100% more powerful ingredients to where you need them most.

Foot Exfoliant Wrap

\$2

The perfect add on to any Environ treatment to exfoliate, smooth and revive the appearance of dry, rough skin on the feet. The intelligent combination of AHA'S and essential vitamins A, C and E will help to deeply nourish and reveal healthier and beautiful looking skin.

Hand & Arm Vitamin Wrap

\$2

The perfect add on to any Environ treatment to effectively soften, smooth and revive the appearance of dry, sun damaged skin on the hands and arms. The intelligent combination of AHA'S and essential vitamins A, C and E will help to deeply nourish and reveal healthier, more even toned and beautiful looking skin.