

Refresh

Body Therapies



Oncology Massage

A specialised form of gentle, safe massage to improve the quality of life for people being treated for, or living with cancer.

This massage is also suitable for other life limiting illnesses.

It assists in alleviating symptoms and reducing side effects such as pain, fatigue, anxiety and nausea.

0455 864 383

refreshbt@bigpond.com

www.refreshbodytherapies.com

Cnr Kimdon/Oakdale Court Highfields

Treatments

60 minutes \$79

30 minutes \$49



Tracey Mead

As a Beauty Therapist I saw the need for gentle therapies to aid the body's healing process. My interest led me to further studies in massage.

I am an endorsed Oncology Massage Therapist with Oncology Massage Ltd, Australia's peak educational and advisory body for Oncology Massage.

I am pleased to be partnering with Hope Horizons, Toowoomba's first cancer support centre; providing essential, supportive care to our community.

The massage can safely be adapted to clients confined to bed and home visits can be arranged.

Prior to your massage you will be asked to fill out a personal history form.

I will tailor the massage to suit your personal needs and explain the planned treatment to ensure you are comfortable.

Please talk to me about any concerns you have. It is important you are comfortable during your massage; gentle touch is an invitation to relax.



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